

# Comparisons of Job Characteristics

**Focus Occupation:** [Fitness Trainers and Aerobics Instructors \(39-9031\)](#)

**Associated Occupation:** [Self-Enrichment Education Teachers \(25-3021\)](#)

[Compare Knowledge](#)

[Compare Skills](#)

[Compare Abilities](#)

[Compare Detailed Work Activities](#)

[Compare Tools and Technologies](#)

<<	Focus occupation element is much lower
<	Focus occupation element is lower
0	Focus occupation element is at a similar level
>	Focus occupation element is at a higher level
>>	Focus occupation element is at a much higher level

## Knowledge

Similarity of Focus Occupation to Associated Occupation: 91

**Focus Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

**Associated Occupation:** Self-Enrichment Education Teachers (25-3021)

Associated Occupation's Key Knowledge Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation
Education and Training	9.2	17.4	16.3	0 Current knowledge level may be sufficient
Customer and Personal Service	11.3	14.5	16.8	> Current knowledge level is likely sufficient
Psychology	6.4	10.2	10.6	0 Current knowledge level may be sufficient
Fine Arts	2.2	8.2	2.7	<< Extensive education and/or training may be required

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Skills

Similarity of Focus Occupation to Associated Occupation: 92

**Focus Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

**Associated Occupation:** Self-Enrichment Education Teachers (25-3021)

Associated Occupation's Key Skills Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation
Learning Strategies	7.2	10.7	11.0	0 Current skill level may be sufficient
Social Perceptiveness	9.1	10.0	10.7	0 Current skill level may be sufficient
Instructioning	7.8	9.7	13.1	>> Skill level is likely more than sufficient
Operations Analysis	5.0	7.9	6.7	< A higher skill level may be required

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Abilities

Similarity of Focus Occupation to Associated Occupation: 49

**Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

**Associated Occupation: Self-Enrichment Education Teachers (25-3021)**

Associated Occupation's Key Abilities Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Oral Comprehension	12.5	11.6	11.2	0	Current ability level may be sufficient
Oral Expression	12.4	11.6	12.5	0	Current ability level may be sufficient
Speech Clarity	10.2	11.6	10.8	0	Current ability level may be sufficient
Speech Recognition	9.9	10.0	10.0	0	Current ability level may be sufficient
Originality	7.6	9.6	7.5	<	Some improvement in abilities may be required
Problem Sensitivity	11.1	9.5	9.0	0	Current ability level may be sufficient
Written Expression	9.8	9.1	7.5	<	Some improvement in abilities may be required
Fluency of Ideas	7.6	8.4	6.9	<	Some improvement in abilities may be required

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Activities that Both Occupations Have in Common

**Similarity of Focus Occupation to Associated Occupation: 75**

**Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

**Associated Occupation: Self-Enrichment Education Teachers (25-3021)**

Work Activities	Exclusivity of Activity
Communicate student progress	66
Convert information into instructional program	38
Develop instructional materials	38
Monitor student progress	66
Teach post high school non-college courses	89
Use interpersonal communication techniques	10
Use oral or written communication techniques	1
Use public speaking techniques	13
Use teaching techniques	29

Not all positions in these occupations will necessarily perform all of the listed activities. The exclusivity rating is an indication of how unique the activity is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations engage in that activity.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Tools and Technologies that Both Occupations Have in Common

**Similarity of Focus Occupation to Associated Occupation: 10**

**Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

**Associated Occupation: Self-Enrichment Education Teachers (25-3021)**

Tools and Technologies	Exclusivity
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Audio and visual equipment	4
Business function specific software	1
Computers	1
Content authoring and editing software	1
Data management and query software	1
Information exchange software	1
Network applications software	1

Not all positions in these occupations will necessarily use all of the listed tools and technologies. The exclusivity rating is an indication of how unique the tool or technology is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations use that tool or technology.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.